

Spring 2022- March, April, May

PIPELINE

COVERING NEWS FOR SCTA OF COCAINE ANONYMOUS

San Antonio Austin Laredo The Valley Kerrville Cedar Park



PREAMBLE

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization, or institution. We do not wish to engage in any controversy and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances, and to help others achieve the same freedom.

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HOTLINE INFO



These phone numbers are available to anyone with questions about recovery.

If you would like to be added to the hotline phone list, please contact:

hotline@ca-scta.org

San Antonio – (210) 232-6382

Kerrville – (830) 719-4889

Austin (512) 339-4357

The Valley (956) 255-2576

Laredo (956) 413-6588

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GROUP DONATIONS

Area

No donations received.

H&I Donations:

No donations received.

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CAWS 2022

**CAWS 2022 General Committee Meetings
Hyatt Regency Austin
January-May 30, 2022**

January 9 – 10:00 am

February 6 – 10:00 am

March 6 – 10:00 am

April 3 – 10:00 am

May 1 – 10:00 am

May 15 – 10:00 am

**May 25 – Full Team Rah Rah Meeting
7:00 pm**

**Written reports due to Steering
Chair – Wednesday before Meeting, 5:00 pm**

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AREA NOMINATIONS

There are currently no nominations for area chairs, but we encourage you all to come to an area meeting and learn the business side of CA!

Please visit www.ca-scta.org to view the Structure requirements.

We hope this is helpful and please consider stepping up for our area.

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UNITY EVENTS

Hello fellow CA members!

I want to thank Mark N for another amazing camping trip. We had around 75 people in attendance and beat our 50/50 raffle donation from last year! Thanks to all the speakers and everyone who came out!

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SUBMISSIONS

Experience, Strength & Hope

I think before step 3 I made everything harder for myself and was always in my own way. When I finally turned my will over to my higher power is when my life really changed for me. I gave up the power struggle. Being able to have that faith and trust in my higher power not only made me feel happier but also more serene.

-Mary Kate O

Every step is a daily reprieve, some weekly or monthly even yearly , but the one that I feel the need to consistently work throughout the day is step 3. I may not even know it in the moment, but once I feel as if I've exhausted myself for something that I know God has their hands on better than my own, it's always a reminder to let go and let God. I often try to force things and when I do the 3rd step always reminds me "Gods got this" which can be both frustrating but also relieving. Frustrating in the sense that as a recovering drug addict I want what I want and want it now, but relieving because I realize I don't have to force outcomes, or feelings. Things unfold the way they are supposed to. The third step has helped me become more accepting over the lack of control of things in my life. There is always work to be done, but once you've done your part and feel yourself hitting a wall, it's time to give it up to God.

-Sarah M

Once I accepted that I alone didn't have all the answers and surrendered to God's will things started changing for me. I learned to pray and ask for my Higher Power's will to be done instead of me forcing all of my ideas of how life "should" be. I noticed that even when I put in the smallest effort to connect with God, I received answers and peace tenfold. It was relieving to relinquish the perceived power that "I knew best". Even on my worst days when I can't put together a whole prayer I just recite, "Thy will be done" and I am always rescued.

-Stacie

The 3rd step. Made a decision to turn my will and my life over to the care of God as I understand him. I have learned after multiple years of sobriety 15 years I still can't coast uphill. If I rest on my laurels and try to coast I am always going downhill. That ties into the 3rd step by I try to coast but God want me to thrive. So making the decision to go down hill fast which is my will or go up the mountain with God. My will is hard and exhausting but God will just flows and I receive peace and joy instead of pain and suffering. My will always makes a mess. So today after I have made a mess of my life with my will because I was afraid I was going to lose something I had, reacted in fear. Faith that God has me is the easier softer way. Today I go with God and trust his plan. Even after my will end my relationship. I get to choose God will and surrender my will.

-Stevie S

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On my first 3rd step experience, I was still in treatment. Angry, frustrated and resentful- I had a full on case of restless, irritable and discontent and I was definitely all in the spiritual malady. My recovery manager took me outside under one of the large pecan trees and asked me "Are you ready?" and OLD SKOOL STYLE she got me on my knees and knelt in front of me, took my hands and we bowed our heads. I was like- "...Ok...." And just like a parrot I repeated what she said straight out of the Book (pg 63). There was not an immediate effect but I was willing to do it- I've always had an appreciation and a flair for the dramatic.

Anyways, the treatment center was on a beautiful piece of property with acres of land, horses, trees, etc- a beautiful place to be removed from drugs and alcohol and I had absolutely no gratitude for the chance to get clean and live a different life. But it was there in treatment that I did begin to have a spiritual experience. My HP is funny and I've always had a connection with nature and creepy crawly things like insects and snakes. I remember a few days after my "3rd Step" I was outside by myself, probably trying to get away from the other residents- I was painfully anti-social and almost intolerable. I looked over to where I had knelt with the recovery manager and to my surprise there was a beautiful, large praying mantis positioned on the tree where we did my 3rd step. I saw it as a sign.

An unexpected cold front came through and the praying mantis never moved. I thought she was dead actually. But I would come out and check on her (I assumed it was a "she") and there she stayed, steady in "prayer" despite the unforgiving elements. I'll never forget that experience. I took it as a sign and still hold on to that little miracle and remember that my third step is actually a decision "to turn my life and my will over to the care of God as I understood him."-which to me means, no matter what life brings to me, no matter what my ego tells me, no matter how my disease lies to me, I can choose to make a decision everyday, sometimes every moment to get in line with God's will for me.

Throughout my sobriety, my ego loves to reconstruct itself based on old ideas that keep me blocked from God's power. I stumble over myself repeatedly when I don't leave room for the Universe to do its magic. My struggles are in my resistance. My experience shows me that I have to "have God's help" to get me through- If that means biting my tongue to avoid an argument or even just showing up for work or a service commitment when I'm tired. It's living in that 3rd Step decision without any expectations other than "God will provide everything I need as long as I keep close to Him and perform His work well." And it's not always easy, but asking God to remove me from the bondage of self and learning to love and trust God's will has been a remarkable journey for me. Today living in my 3rd step decision means not living in fear and knowing what true freedom is.

-Regina D

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